

ENSURING A SUSTAINABLE & SAFE RETURN TO WORK FOR YOUR CLIENT AND EMPLOYER

CASE MANAGER



The Case Manager is integral in the process of returning a patient to the workplace after injury or illness. We all know that once a patient has moved from an acute to a sub-acute phase the process of return to work begins. The job specific conditioning is instrumental in ensuring that a re-injury does not occur upon a too early and unprepared entry back to work. An employer understands that this step is an integral and necessary component in the RTW process. By using the same therapy provider for acute and sub acute therapy, you are assured that the client will be motivated and directed towards the best possible outcomes.

THE FACTS

Productive return-to-work strategies are needed to minimize the consequences of occupational injuries and illnesses.

1/3

Approximately one third of all injuries in the United States are occupational in nature.¹

2.7

In 2020, 2.7 million nonfatal workplace injuries and illnesses were reported, with nearly 43 percent resulting in lost work days (i.e., recuperation away from work or restricted duties at work).²

88%

Focused Inter-disciplinary rehabilitation programs have been shown to achieve return-to-work rates as high as 50 to 88 percent.

50%

The longer patients are away from work, the less likely they are ever to return (50% of people who are out of work for six months never return).⁴⁻⁶



OUR PROGRAM

Work Conditioning is a “work related, intensive, goal-oriented treatment program designed to restore an individual systemic, neuromusculoskeletal (strength, endurance, movement, flexibility, and motor control) and cardiopulmonary functions.”

Our Functional Rehab model takes place over three weeks with an opportunity for an extended three-week session depending upon outcomes. Each week the patient will have three sessions lasting on average three hours and each session will be equally divided between cardio, job specific and injury specific therapy. The initial eval will establish a baseline and an FCE can be performed at the end of the treatment program. Treatment involves exercises as well as functional tasks and activities. The objective of the work conditioning program is to restore the injured employee’s physical capacity and function for return to work with an emphasis on prevention of future injury teaching correct body mechanics with safe movement patterns.

THE RESULT

A confident and capable employee ready to undergo the essential and critical demands of the job without concern of safety or re-injury. An employee that is functionally ready to participate in the field of work is our end goal.

EVERGREEN

PHYSICAL THERAPY



BIG RAPIDS CLINIC

1268 W. Perry Avenue
Big Rapids, MI 49307
P: 231-796-4419
F: 231-796-4980

CLARE CLINIC

107 Schoolcrest Avenue
Clare, MI 48617
P: 989-386-9170
F: 989-386-9220

GLADWIN CLINIC

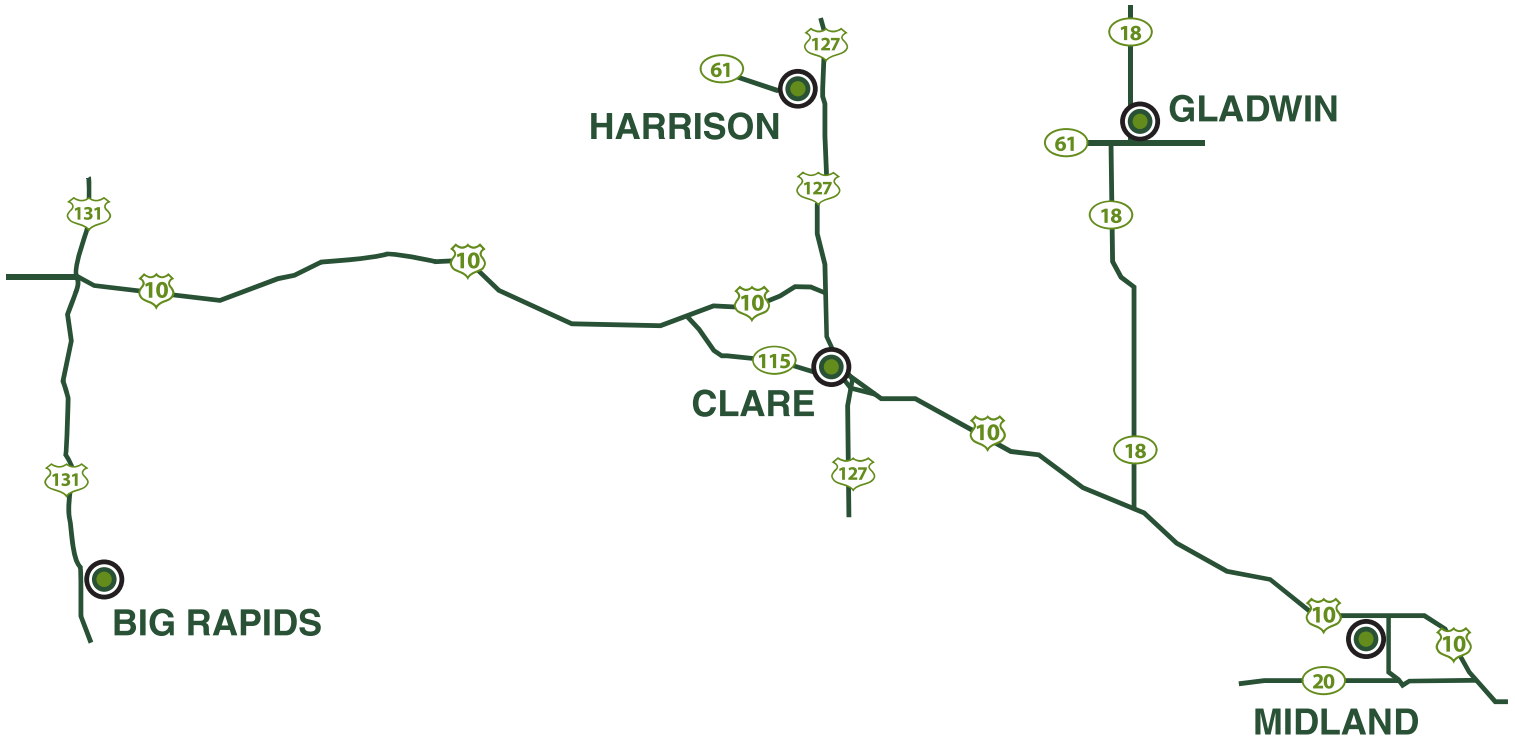
1206 North State St.
Gladwin, MI 48624
P: 989-246-2311
F: 989-246-2315

HARRISON CLINIC

158 North First St., Ste D
Harrison, MI 48625
P: 989-539-4167
F: 989-539-4436

MIDLAND CLINIC

2600 N Saginaw Rd, Ste C
Midland, MI 48640
P: 989-837-1529
F: 989-837-2499



SCAN QR code and contact us TODAY!



REFERENCES

1. Rubens AJ, Oleckno WA, Papaeliou L. Establishing guidelines for the identification of occupational injuries: a systematic appraisal. *J Occup Environ Med.* 1995;37:151-9.
2. United States Department of Labor, Bureau of Labor Statistics. Employer-Reported Workplace Injuries and Illnesses, 2020. <https://www.bls.gov/news.release/osh.nr0.htm>
3. National Safety Council. *Accident facts.* Itasca, Ill.: National Safety Council, 1997.
4. Bendix AF, Bendix T, Ostenfeld S, Bush E, Andersen null. Active treatment programs for patients with chronic low back pain: a prospective, randomized, observer-blinded study. *Eur Spine J.* 1995;4:148-52.
5. Cleary L, Thombs DL, Daniel EL, Zimmerli WH. Occupational low back disability: effective strategies for reducing lost work time. *AAOHN J.* 1995;43:87-94.
6. Niemeyer LO, Jacobs K, Reynolds-Lynch K, Betten-court C, Lang S. Work hardening: past, present, and future—the work programs special interest section national work-hardening outcome study. *Am J Occup Ther.* 1994;48:327-39